



AMBASSADOR LEADERS

MEDICINE & HEALTH CARE SUMMIT AT JOHNS HOPKINS UNIVERSITY

2017 ITINERARY | JULY 28-AUGUST 5, 2017 | 9 DAYS

DAY 1: Welcome to the field of Medicine

Arrive on campus and check in at **Johns Hopkins University**.

Meet your teacher leaders and join other students for ice-breakers while your family attends orientation.

Enjoy the welcome dinner and Opening Address, and review the exciting week ahead.

DAY 2: Challenge yourself

Push your limits during a **hands-on team-building experience**. Get to know your team as you solve problems and overcome obstacles together.

Receive an introduction to **intriguing patient case studies** that you and your team will solve during the Summit.

Following your dreams takes commitment and grit. Fuel your passion when you hear from a **motivational speaker**.

DAY 3: Hands-on medicine

Roll up your sleeves during a CPR workshop and **earn your CPR certification** from the American Red Cross.

Learn technical suturing skills from a surgeon, and put your skills into practice during a simulation.

Take part in an interactive workshop and learn about **reflexes, cranial nerves** and how to **take blood pressure**.

DAY 4: Meet the experts

Hear from a **panel of medical professionals** about different professional paths you can take in the medical career, the residency process, and more.

Participate in a **patient interviewing and examinations workshop**, and learn how to research and analyze symptoms.

Dive into your case studies with your team. Hone in your new skills by examining clues about patient symptoms and learn how to provide an accurate diagnosis.

DAY 5: Make a difference

Give back to local community through a service project led by **United Way**, one of the largest non-profits in the world.

Visit a world-renowned medical research and response organization such as the **National Institutes of Health, CDC** or **World Health Organization** and learn about careers addressing the growing global health challenges.

Participate in a **medical ethics discussion** and address hot subjects such as gene therapy, stem cell research, and others.

DAY 6: Chart your course to medical school

Hear from JHU Admissions Officers and School of Nursing how to stand out in the competitive admissions process.

Tour **University of Maryland's School of Public Health and Research Department**. Meet the students and get a first-hand look at a medical research lab.

Discuss **leadership in the field of medicine** with your peers and how you can be a better leader and professional.

Apply what you learned when working on your case study research and preparation.

DAY 7: Explore Washington, DC

Learn about past and present leaders during an action-packed day in Washington, DC.

Visit the **US Capitol**, explore **the National Mall** and experience national memorials such as **the Lincoln Memorial, Martin Luther King Jr. Memorial** and **the Franklin D. Roosevelt and Jefferson Memorials**.

Pay tribute at the **National World War II Memorial, the Korean War Veterans Memorial** and **the Vietnam Veterans Memorial**.

Visit the renowned **National Museum of Health and Medicine**, learn about the history and practice of American medicine, military medicine advances and current medical research.

DAY 8: Case study presentations

It's your time to shine! **Present your case-study conclusions** to a medical panel and your peers.

Explore **Baltimore's vibrant Inner Harbor** and shop for mementos to remember your time in Baltimore.

Celebrate your accomplishments and bond with your friends during a **dinner-and-dance cruise on the Baltimore Harbor**.

DAY 9: Go do great things!

In the morning, time to say good-bye to your new friends and teacher leaders.

Believe in yourself, and remember to give back as you pursue your dreams in the field of medicine. We are counting on you to do great things.

This is a sample itinerary of what students may experience on program. Events, speakers and site visits are subject to confirmation and change. Enrolled students will receive a final itinerary 30 days prior to the program.